



Laboral Kutxa Baskonia BASKETBALL CAMP









VITORIA JULY 2014



Play basketball, be immersed in the language, make friends from Spain and different countries and enjoy your holidays...

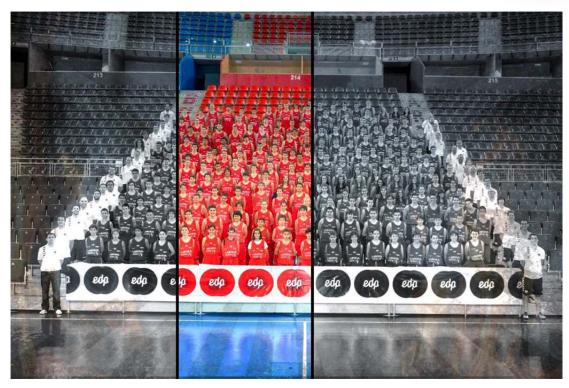
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Summer **EAMPS** in Spain





Travel to Spain, practice Spanish and play Basketball

Laboral Kutxa Baskonia & Zadorspain's Basketball Camp in Vitoria is intended for players from 12 to 17 years old who want to

• • take their basketball game to the next level make friends from different countries, practice Spanish, and enjoy their holidays in Spain



development basketball camp presentation

Improve your basketball skills and game with professional coaches and trainers...









A development basketball camp

- Basketball training sessions mainly in Spanish (6 hours per day Monday to Saturday)
- 1 language lesson, IT lesson or basketball lecture per day
- Residential camp or Day camp
- Free time activities

Basketball Camp participants will benefit from the highest quality of basketball training run by professional coaches and practice Spanish with players coming to Vitoria from all around Spain.





development basketball camp in pictures

Basketball training for an average of 6 hours per day, other courses and free time activities ...













A basketball camp for players who already have basketball experience...

A Development Basketball Camp for 12 to 17 year old teenagers who already have experience in playing basketball. The Basketball Camp is in Spanish, with coaches and assistants from Laboral Kutxa Baskonia and other clubs in Spain.

Intense Basketball training

Co-ed basketball training with an average of 5.5-6 hours per day. This instructional and development basketball camp includes: training on basketball techniques, tactics, drills, shooting competitions, and 1 on 1, 3 on 3, and 5 on 5 games.

& competitions

Campers play full court games from Tuesday to Thursday in a Camp League format (Quarter-finals, Semi-finals & Final). In addition to games, individual technique competitions are held on Saturday afternoon.





1 or 2-week camp from the beginning to mid-July with two options: day camp or residential camp



All-inclusive: Training, courses, full board accommodation, free time activities and insurance...

Campers will be in an ideal environment to develop their basketball skills and practice their Spanish.

Full board accommmodation

As a full board residential camp, players live in miniapartments for 4 people in a modern **Apartment-Hotel and receive three set menu meals per day plus a snack during the training sessions.

Additional courses

Every day from Monday to Friday after lunch time, all players have another course for 1 hour: Spanish or English lessons, Basketball lectures or IT lessons.

Free time activities

Additional free time activities are organized for participants: swimming pool in the morning before lunch, shopping in a shopping centre on Monday and tour of Vitoria on Friday evening.

Complete services

A physiotherapist during basketball training and camp leaders during all activities are available. Private medical and travel insurance. Optional 24-hour pick-up service on request.





Maximum capacity of 220 participants per week playing in 4 Sports Halls





Zadorspain: Teaching languages since 1990 in Vitoria in the north of Spain and since 2004 in Alicante...







About zadorspain

Zadorspain is a Spanish company with vast experience in teaching languages since 1990.

Zadorspain consists of two private language schools in Spain: one in Alicante on the Mediterranean Coast and another in Vitoria, in Northern Spain. These medium-sized language schools specialise in providing

language courses in small groups to ensure that learning is faster and students receive the best and most personalised attention from the teachers.

Zadorspain organises Sport Camps in co-operation with accredited Sport Clubs such as Laboral Kutxa-Baskonia Basketball Club.



Our priority: Offer high quality language programmes for both Spanish and international students...

Zadorspain's goal is for the students to have fun in Spain while improving their sport and language skills.

Experience in teaching

Zadorspain has been developing methods for teaching Spanish as a foreign language for over 24 years.

Zadorspain is a language services company that offers language courses for Spanish students as well as translation services.

Language programmes

- Intensive Spanish courses for adults throughout the year
- Language & Sport camps for teenagers and children in July and August
- Year-round customised camps for school groups, sport teams and clubs.

Language and sports

Language and Sport Camps for foreigners and Spanish teens:

- Language & Basketball
- Language & Tennis
- Language & Golf
- Language & Sailing or Windsurfing
 All sports camps are

All sports camps are led by professionals and training-focused.

Complete services

Broad range of services during the stay: diverse types of accommodation, activity programme with guided visits, excursions and culinary activities; private insurance; pick-up and drop-off service on request.

language school in alicante



Professional language courses and sport camps to learn and have fun while learning



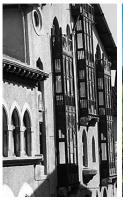
Vitoria boasts one of Spain's highest standards of living thanks to its variety of cultural activities, beautiful surroundings, and excellent service...













Vitoria Green City

Vitoria, the Basque capital, is situated on a vast plain surrounded by mountains; 60 km from the coast, 30 km from the vineyards and old wine cellars of the La Rioja region, and 50 km from the monasteries where the first texts in Spanish appeared.

The city's award-winning urban design and its environment make Vitoria a city with one of the highest standards of living in Spain.

Based on the city's commitment to the environment, it has been named European Green Capital 2012.



spain



development basketball camp

the city in pictures

Vitoria: Ancient, modern, green and sustainable city...













quick facts on Vitoria

A city in which green dominates pavement and architectural history lives in harmony with the present...

Located in the north of Spain, Vitoria is 351 km from Madrid, 66 km from Bilbao, 110 km from San Sebastian, 112 km from Burgos and 90 km from Pamplona.

Places to visit

Surrounding

The entire old town of Vitoria, with its narrow streets and unique architecture, has been named a monumental group. It is worth seeing the gothic churches of Santa Maria, San Vicente, San Pedro and San Miguel as well as the renaissance palaces of Montehermoso and Villa Suso. Plaza de España and Virgen Blanca squares are the perfect places to sit on terraces of the countless outdoor cafés lining the streets.

Vitoria's strategic position, excellent connections and proximity to other provincial capitals make it a perfect destination and an ideal departure point for getting to know the Basque Country and the North of Spain. Bilbao, San Sebastián, Pamplona, Burgos, and Logroño are within an hour from Vitoria and they await your visit.





... an opportunity to discover the North of Spain!



quick facts on Vitoria

Basque

cuisine

Vitoria-Gasteiz, founded towards the end of the 12th century, today is a city of exceptional urban design...

Vitoria is a capital built tailor-made for the citizens, with pedestrian zones, parks and gardens that entice one to take a stroll and leave the car behind.

Living heritage

Medieval walls, four gothic churches, renaissance palaces, small squares including St. Mary's cathedral: a gothic cathedral that allows you to see the architecture from within and discover how history has been written in stone.



Building a green city

The city of Vitoria is green in more ways than one: not only can it provide a green space within 300 metres wherever you are in the urban centre, but it has been named Green European Capital 2012 because the city's commitment to the environment.



In Vitoria you can try the most traditional as well as the most innovative cuisine in addition to one of the most famous wines in the world —the Rioja wine. In the Basque Country, you do not necessarily need to sit down if you want to eat a good meal. Instead, try "pintxos", a tasty miniature cuisine creation

Culture and fiestas

Various artistic and cultural events celebrated in Vitoria year-round: street performances in June, the Jazz Festival in July, an open air market held in the old town on the first Saturday of month, and the main celebration of the Virgen Blanca Fiestas held from 4 to 9 August.

Delicious "pintxos": You won't be able to resist them!





development basketball camp basketball training

Basketball Skills Development Camp for boys and girls aged 12 to 17 with professional coaches...











Basketball development

An international basketball camp mainly in Spanish, with professional and qualified coaches and assistants.

It is a Development Basketball Camp with an average of 5.5-6 hours per day devoted to basketball.

This Instructional and Development Basketball Camp is for players from 12 to 17 years old with personalised instruction in all areas of basketball, for intermediate and advanced basketball players.



Spain



development basketball camp

camp in pictures

Individual technique, dribbling and shooting drills, group training, games...













quick facts on Basketball

1 or 2 weeks with two options: residential or day basketball camp...

A Development Basketball Camp for players aged 12 to 17 who already have experience in playing basketball with a ratio of 1 coach per 10-12 players to ensure participants receive personalised training and support.

Basketball training objectives

The camp will develop both individual and team technique, as well as group and game tactics. The games in the camp league allow players to practice newly acquired skills and learn how to be competitive.

The camp is designed for players who are serious about improving their game.

Basketball coaches and assistants

David Gil, senior basketball coach and scouting coach at Laboral Kutxa Baskonia, Spanish ACB Team and one of the 4 Spanish teams in the Euroleague, is the camp director.

The camp staff consists of professional basketball trainers from Baskonia, and experienced and qualified coaches who have the ability to teach and push players' current skills to the next level of competition.





Assistant coaches with extensive experience and onsite physiotherapist



quick facts on Basketball

Training sessions are conducted mainly in Spanish...

An average of 5.5-6 hours per day Monday to Saturday of intense workout to improve your technique and get results.

Conditioning & stretching

Morning and afternoon training sessions start and end with conditioning and stretching drills. We offer a professional platform tool to measure speed, jumping, and other skills, and to compare results with those obtained by the Caja Laboral players.



Individual technique stations

For 3 hours each morning, players practice a different activity at each basketball hoop in groups of 10-12 players per coach focusing on basketball fundamentals: dribbling, shooting, passing, screens, etc. Part of this training session will be recorded for subsequent analysis.

Teamwork development

For 2 or 2.5 hours Monday to Saturday, players have group training sessions designed according to a daily objective and appropriate level such as: inside-out game, transition drills, setting a screen, screen and cut, pick and roll, pick and pop.

Competitions & camp league

Full court games from Tuesday to Thursday in a Camp League format (Quarter-finals, Semifinals & Final). In addition to games, players will take part in an intense competitive game against the buzzer on Friday and in an individual technique competition on Saturday afternoon.



Every year the camp director designs new stations and drills to keep players on their toes!!



development basketball camp basketball facilities

4 indoor sports halls with 11 basketball courts: Buesa Arena Laboral Kutxa Arena, Baskonia Sports Halls and more...









Basketball facilities

Players train every day in indoor sports halls:

- Buesa Arena Laboral Kutxa Arena:2 courts
- Baskonia Sports Centre (BaKh): 3 basketball courts, a fitness area, swimming pools (outdoor and indoor), restaurants and cafés
- University Sports Centre: 3 basketball courts
- Abetxuko Sports Centre: 3 basketball courts

The distance from the Residence hall to the basketball facilities is provided by private buses/coaches in 10-15 minutes.





Spain Vitoria



development basketball camp Facilities in pictures

Baskonia Sports Centre and the residence are located on the east outskirts of Vitoria, facing a beautiful, safe and quiet park on the Green Belt of the city....













development basketball camp other activities

Spanish or English lessons, IT lessons or Basketball lectures in Spanish...







Other learning activities

From Monday to Friday after lunch, players have other activities for an hour:

- Spanish or English lessons
- Basketball lectures
- IT/Computer lessons

Spanish lessons are in small groups with a maximum of 10 students per classroom.

In the English or IT lessons are approximately 20-30 students per classroom and in the Basketball lectures approximately 70 players.

Both basketball lectures and IT lessons are taught in Spanish.



Spain



development basketball camp lessons in pictures

Additional courses to learn more about basketball, IT or languages...













accommodation & meals

Players live in a recently opened 2 star Apartment-Hotel...









2 star Apartment Hotel

Players staying overnight live in 4-person apartments with 1 twin room, 2 single rooms (one is a converted living room), kitchen and bathroom with 1 camp leader for every 20 players sleeping in the apartments.

Jardines de Aristi Apartments are situated just a step away from Buesa Arena and next to the Baskonia Sports Centre, in a quiet and safe area of Vitoria.

All residential participants receive full board.



Spain

development basketball camp

accommodation in pictures

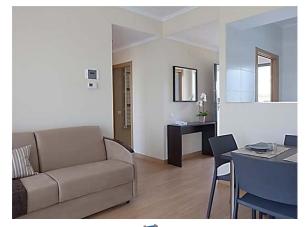
Jardines de Aristi Apartments are close to the main basketball courts...















quick facts on the accommodation

Basketball coaches and 1 live-in camp counsellor for every 20 players ...

Jardines de Aristi is a modern 3-floor apartment hotel, surrounded by gardens and a park. It includes meeting rooms and a lounge with self-service drinks and food.

Quality facilities

Full board accommodation

All rooms are exterior-facing and have a terrace or balcony. Each apartment has a bathroom, fully-equipped kitchen, Wi-Fi internet and TV.

Players stay at the apartments to sleep and for breakfast. They depart every morning at 9:00 and return at 23:00. All residential participants receive full board. The meal plan includes breakfast, morning snack, lunch, the afternoon snack and dinner.

Players have breakfast at the Jardines de Aristi dining room and they have lunch and dinner in Buesa Arena.



Set menu: first course, main course and dessert for both lunch and dinner



quick facts on the accommodation

Housing is located in a quiet and safe area in the east of Vitoria...

All players, coaches and leaders are housed in apartments in the same building. Lunch, dinner and free time activities are located in Buesa Arena.

Facilities for participants

Players spend most of their time at the basketball courts.

They can spend their free time at:

- Swimming pool before lunch
- TV room, computer room and common rooms at Buesa Arena after lunch and dinner
- Apartments near Buesa Arena

Services in the apartments

All apartments are bright, comfortable and shared between four players, each in their own single bed.

Apartments have a washing machine, and players can do their laundry with the help of camp counsellors.

Bedding and towels are provided.

Single rooms are not available.

Safety & supervision

Basketball coaches, assistants and counsellors provide 24-hour supervision of players. Players are not allowed to leave the camp premises without a staff member or parents/guardians. Safety for all participants and staff

is a top priority for us.

Set menus

Meals are provided by one of the largest catering companies in the province serving thousands of meals in schools. All meals are freshly-prepared daily in provincially-inspected kitchens. Prior to camp the menu plan will be provided.





Special menus for players with food allergies or other dietary restrictions are available



free time activities

Swimming, games, awards ceremony...







Free time activities

The main activity, of course, is basketball and campers live, breathe and dream basketball, but they also participate in more activities in their free time.

- Every day, they can go swimming before lunch
- Every day, they have free time to watch TV or be in the lounge room or games area after lunch
- On Monday evening, they go to the Boulevard shopping centre
- On Friday evening, they have a guided tour to learn more about Vitoria
- The main event is the awards ceremony and party on Saturday evening



Spain vitoria



development basketball camp

free time in pictures

Fun activities to socialise and make friends....













development basketball camp a typical day

Enjoy playing basketball from sunrise to sunset...











Daily schedule

On the following pages is a typical timetable for the Development Basketball Camp from Monday to Sunday. It may be subject to minor modifications.

All entry tickets or activity costs are included in the camp fees. However, if campers would like to eat or drink outside of the camp, they must pay with additional personal funds.



Spainvitoria



development basketball camp

timetable in pictures

A full day from 8:00 to.....





typical day for residential campers

For residential campers, Monday to Friday start at 8:00 and end around 23:30...

MONDAY TO FRIDAY TIME ACTIVITY 8:00 Wake-up

8:00	wake-up
8:30	Breakfast
9:00	Departure for basketball courts
9:30	Basketball training sessions
	9:30 - 9:45 Conditioning & Stretching
	9:45 - 9:48 Water
	9:48 - 10:24 Individual Basketball Techniques (3 stations)
	10:24 - 10:30 Water
	10:30 - 11:06 Individual Basketball Techniques (3 stations)
	11:06 - 11:20 Morning Snack
	11:20 - 12:00 Basketball Movement Tactics
	12:00 - 12:05 Water
	12:05 - 12:25 Individual technical-tactic circuit
	12:25 - 12:35 Stretching
12:30	Transportation, swimming pool, free time, shower
	and dress for lunch
14:00	Lunch and free time at Buesa Arena
16:00	Language lesson, IT lesson, Basketball lecture
17:30	Basketball training sessions
	17:30-17:40 Conditioning & Stretching.
	17:40 -19:10 Group training sessions
	19:10-19:15 Water
	19:15-20:30 Basketball Camp League (Tuesday, Wednesday
	& Thursday)
	20:30-20:40 Stretching
21:00	20:40-21:00 Shower
21:30	Return to Buesa Arena
22:00	Dinner
23:30	Free time, videos, movies and games
24:00	Return to the Residence
	Lights out
	MONDAY EVENING: 20:00 to 22:00 Shopping
	FRIDAY EVENING: 20:00 to 22:00 Visit to Vitoria

city centre

SATURDAY

TIME	ASTIVITY
8:00	Wake-up
8:30	Breakfast
9:30	Morning basketball training sessions
	Transportation, swimming pool, free time,
12:30	shower and dress for lunch
	Lunch and free time
14:00	Individual competitions
17:30	Shower
19:30	Farewell dinner
20:30	Awards ceremony
22:00	Farewell party
23:00	Lights out
00:30	

SUNDAY (FOR 2-WEEK CAMP)

9:30	Wake-up
10:00	Breakfast
11:00	Swimming
14:00	Lunch & Free time
17:30	2 nd week Camp Presentation
18:00	Matches and scrimmages to form training
	groups for the week
	Players will be informed of their assigned
	basketball court and training group for the
	week
21:00	Shower
21:45	Dinner at Buesa Arena and free time
23:00	Return to the apartments
23:00	Pack training outfits for the next day
23:30	Lights out



schedule for day campers

For day campers, the day starts at 9:30 and ends after afternoon basketball training sessions...

MONDAY TO SATURDAY

TIME

ACTIVITY



Day campers must go to their assigned basketball court for training!

9:20 Monday to Saturday players must be in workout clothes at their assigned basketball court

9:30 Basketball training sessions

12:30 Transportation, swimming pool, free time, shower and dress for lunch

14:00 Lunch and free time at Buesa Arena

16:00 Language lesson, IT lesson, Basketball lecture

17:30 Basketball training sessions

End of the day for day campers varies by day

MONDAY at 19:45 at their assigned basketball court

TUESDAY, WEDNESDAY AND THURSDAY at 21:00 at their assigned basketball

FRIDAY at 19:45 at their assigned basketball court

SATURDAY at 00.30 at Buesa Arena, Door 4

Note: Day campers must arrive and depart on their own to/from the basketball court assigned to his/her training group. There is public transportation available.



insurance & health care

Private medical, travel, and accident insurance coverage for all participants...









Private insurance

All participants are covered by health, accident, travel and civil liability insurance included in the camp fees.

Summary of coverage:

- Illnesses or accidents, with repatriation and relocation to country of origin
- Compensation in cases of stolen or lost baggage
- Baggage delays
- Accidents while travelling in Spain

If required, participants may opt to purchase a cancellation insurance policy.



development basketball camp insurance & Lealth care

Please do not hesitate to ask for the cancellation insurance details...

In case of emergency, Laboral Kutxa Baskonia and/or its Sports Foundation staff will immediately contact the person indicated at enrolment.

Insurance policy

Laboral Kutxa and/or its Sports Foundation purchases a private insurance for all participants and acts merely as an intermediary between the insurance company and players.

Procedure in case of illness

As stated in the parental permission form, if a minor requires medical treatment, a physiotherapist/nurse will provide appropriate medical care during the camp programme.

If campers are seriously ill or injured, they will be taken to the hospital or an ambulance will be called. In less severe circumstances, campers will be immediately taken to a doctor indicated by the insurance company. In both cases, camp staff will immediately contact parents and/or guardians.

Cancellation insurance

If desired, participants may purchase an optional cancellation insurance policy. Cancellation insurance must be contracted at the time of reservation and payment.





Safety is our first priority. We work very hard to ensure our camp is safe and every procedure is clearly stated.



pick-up & drop-off

Participants may book a transfer service from Bilbao or Biarritz airports, Vitoria train or bus station...









Optional Transfer service

The nearest international airport is Bilbao (Loiu), approximately 60 minutes from Vitoria. Another option is to fly from Paris to Biarritz airport, approximately 1.5 hours from Vitoria.

Transfer service from the airport, bus/coach or train station is NOT included in the package price.

Upon request, a pick-up service is available from the airport, train or bus/coach station.

The cost for this service varies depending on the time and place of arrival or departure as well as the age of the participant and if he/she is flying as an unaccompanied minor (UM).



pick-up & drop-off

Zador provides a 24-hour pick-up service on request to go directly to the accommodation....

The conditions under which airlines accept unaccompanied minors vary. It is always important to check directly with the carrier before booking the flights.

Arrival "normal" transter

As Bilbao airport and Vitoria train and bus/coach stations are small, campers will easily and quickly see a person with a basketball camp sign waiting at the terminal exit.

Arrival transfer for UM

Please inform us if the camper will travel as an unaccompanied minor (UM) in order to organise the pick-up and drop-off service. Please take into account that if you do not notify us, the airline will not allow your child to leave the terminal.

Departure "normal" transfer

Campers must leave the residence 3 hours before their flight or 30 minutes before their train or bus/coach departure. Please, take these times into account when booking the tickets. A person on behalf of Zador will accompany your child during check-in.

Departure transfer for UM

The name, address, phone number and passport number of the person picking up the minor at the destination airport must be provided.





Once the camp has started, all transport is provided for residential campers



check-in & check-out

Information on arrival and departure days for Overnight and Day Campers in 1 and 2 week camps...







For day & overnight camp

Please carefully read the information on arrival and departure days and times.

On the following pages you will find information regarding overnight and day camp admissions that will help you be prepared and arrive on time.

Two weeks before the start date, players will be provided with a Camp Handbook.

If there is anything we can do for you during your trip organisation, please contact us.



Spain vitoria



development basketball camp

check-in & check-out

Some pictures so you can easily recognise the camp facilities if you come with your child or if you want to visit...











overnight check-in & check-out

All overnight participants should arrive on Sunday afternoon and leave the accommodation on Sunday morning...



Participants

coming with their tamily

Arrival Dav: Sundav

Arrival Time: Between 15:00 and 16:30

For early arrivals, participants can go to the apartments from 12:00 to leave their luggage and come back at 17:00 for the camp presentation.

Arrival Location: Jardines de Aristi reception,

Portal de Zurbano Street, 4 01013 Vitoria-Gasteiz, SPAIN

How to get there:

GPS coordinates: 42.863949,-2.650366 Google Maps: http://goo.gl/maps/cpO28

Departure Day: Sunday morning from 9:00 to 12:00 at Jardines de Aristi Apartments.

* We must be informed of the pick-up times.

Participants

with transfer service

Arrival Day: If you sign up for the transfer service from airport, coach/bus or train station, a person with a ZADORSPAIN sign and your name will be waiting for you.

Please wait by the exit of the airport, train station or coach/bus station and do not leave the area so participants can easily be located.

Phone numbers will be provided to contact us in case of flight delays, etc.

Departure Day: Sunday morning from 9:00 to 12:00. Campers must leave the residence 3 hours before their flight or 30 minutes before their train or bus/coach departure time. Please take these times into account when booking the tickets.

^{*} For early arrivals or late departures, lunch is not included in the camp fees on these days. We must be informed if you would like to have lunch.



day camp check-in & check-out

Arrival and departure points for day campers from Monday to Saturday...









Arrival points

Sunday to Saturday

Arrival Day: Sunday afternoon Arrival Time & Places from Sunday to Saturday:

- 1. On Sunday 16:30 to 17:30 Buesa Arena Door 4 Portal de Zurbano Street, 01013 Vitoria-Gasteiz GPS coordinates: 42.863949,-2.650366 Google Maps: http://goo.gl/maps/cpO28.
- 2. From Monday to Saturday at 9:20 at the assigned Basketball Sports Hall depending on his/her group: Buesa Arena, Bakh, Abetxuko or IVEF.

Note: Day campers must be on time every morning, with workout clothes and a backpack with clothes to change into for the swimming pool, lunch at Buesa Arena and afternoon training sessions.

Departure points

Sunday to Saturday

Departure time & places:

- 1. On Sunday evening from 20:30 to 21:00
 - Buesa Arena players born in 2000, 2001 and
 - Bakh players born in 1996, 1997, 1998 and
- 2. Monday and Friday from 19:30 to 19:45, at the assigned Sports Hall
- 3. Tuesday, Wednesday and Thursday from 20:30 to 20:45 at the assigned Sports Hall
- 4. Saturday evening at 00:30 Buesa Arena Door 4



development basketball camp useful information

What to bring to the camp: clothes, documents, medicine, pocket money...







Things to Bring to the camp

Tip: Begin packing several weeks in advance to avoid last-minute shopping or at least check this list.

It could be a good idea to print the Basketball Camp packing list and check it because we may have forgotten to include something that your child considers important.

- Workout gear for 1 week
- Daily casual clothes
- Documents
- Medicine
- Material for the language courses
- Other items
- Pocket money



useful information

Every day participants must wear appropriate sports clothing and extra clothes to change into for the swimming pool, lunch and afternoon training sessions. It is forbidden to wear swimsuits on the street.

WORKOUT GEAR FOR 1 WEEK

5 T-Shirts and 5 gym shorts

5 pairs of socks

2 pairs of basketball shoes (new shoes are not a good idea; you will get blisters and not be able to train)

1 sweatshirt or 1 tracksuit

Ankle, knee and wrist supports or any other protective gear Protective tape for strapping body parts (i.e. fingers) Compeed Blisters

Creams or gels used to warm up muscles, if applicable Small toiletries kit to bring to the basketball court

DAILY SLOTHES FOR I WEEK

Shorts, trousers, T-Shirts

1 fleece jacket or sweat shirt

Plenty of socks and underwear

Pyjamas / sleepwear

2-3 swimsuits, swim cap, sun hat

Shoes or sandals plus flip-flops for the shower/swimming pool Sunglasses and sun protection appropriate for skin type with high protection factor (30 - 50 factor)

Insect repellent

Towels for the swimming pool (3 medium-size towels). It is compulsory to bring at least one towel because the room towels cannot be taken out of the apartment.

For missing towels in the apartment, there is a €25 fee

VALUABLES*

Neither Laboral Kutxa Baskonia nor Zadorspain are responsible for valuables brought to camp. We strongly discourage bringing any valuables. Although the world does not stop if you are without a computer for a few days, there is a computer room available with free Internet access that can be used during free time.

DOCUMENTS: MEDICINE

Passport (original and 2 copies) plus 2 passport photos Medication, if needed, in its original container, along with the explicit dosage. A signed medical release form should accompany all prescription medication (in English or Spanish). Please be sure to bring a medical certificate to camp and submit it with the photograph upon arrival. First aid kit with plasters/band-aids, ibuprofen, paracetamol or other medicine that may be necessary.

Parental Permission.

Health Statement & Medical Waiver

If the camper wears glasses or contacts, bring 2 pairs of glasses and sufficient contact lens cleaner.

ATHER: ITEMS

FOR THE LANGUAGE LESSONS

Pocket dictionary & notebook, pens/pencils, etc. OTHER ITEMS

Hairdryer (available at the apartments but not at the basketball facilities)

Backpack for the training sessions and off-campus activities

Camera and batteries

Mobile phone (and charger) /calling card

Laundry bag for wet or dirty clothing labelled with the name $% \left(1\right) =\left(1\right) \left(1\right)$

DUCKEL MUNEA

Players do not have much time to spend money during the day, except on ice cream or snacks before lunch and souvenirs, T-shirts or present during the shopping evening at a shopping centre. Therefore, they do not need a lot of pocket money. We suggest approximately €15 per day. If the player needs funds, they may be sent by Western Union (not by bank transfer to ZADOR's account).



How can I...? What kind of...? Is there a...? Where is...? What is the best time for...?







Frequently asked questions

Here are the answers to some of the most frequently asked questions about the Basketball Summer Camp in Vitoria.

If you cannot find the answer to your question in the following pages, please do not hesitate to contact us. We look forward to hearing from you!



How can I...? What kind of...? Is there a...? Where is...? What is the best time for...?

How can I enrol my child on the camp

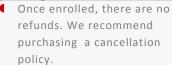
Complete the online registration form:

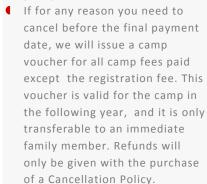
- If there is more than one participant, please complete one form for each.
- Please check that you have completed all the items with * -Otherwise, it is impossible to submit the form.
- After submitting the form, the website becomes blank and a message will appear at the top of the screen beginning with: "We have already received your registration..." indicating that the information has been saved in our database.
- Within two working days you will receive an email with the camp price including all the services requested and instructions on how to make the payment. You can either pay a deposit or the payment in full.
- The registration is not valid until we receive the payment in full. Participants will be placed on a first-come, first-served basis after receiving registration forms and payments. Final payments are due by May 1st.
- For the bank transfer, please include the registration code and participant's name, and please send a copy of receipt by fax or email.
- Once the enrolment form and a copy of the receipt have been received, we will send a confirmation email with the documents to be completed and returned before camp: Health Statement & Medical Waiver and Parental Permission Form. The Camp Rules and a link to complete a special form for campers regarding arrival and departure times will also be provided.
- Two weeks before the camp begins, a camp handbook will be provided.
- If you have any questions or concerns, and/or if you need to apply for a visa please do not hesitate to contact us: basket@zadorspain.com
- If you have problems with the online reservation, a registration form in PDF format can be provided.

What forms do I need to fill out for the camp

- Health Statement & Medical Waiver
- Parental Permission Form
- Other: 2 photos and arrival and departure information form

What is your refund policy





- If a participant decides to travel during the period of the reservation and he/she does not attend some lessons or training sessions, no refund will be given
- After the camp has started, no refund will be given in case of the camper withdrawing for family, personal or disciplinary reasons before the end of the camp.
- If the programme is cancelled by LABORAL KUTXA BASKONIA, the full amount received will be refunded.





How can I...? What kind of...? Is there a...? Where is...? What is the best time for...?

What does the cancellation policy cover?

- If you want to be covered by the cancellation policy, you must purchase the policy for each payment.
- You can download the cancellation policy from our website.

What does my tuition include?

- Room —four people per apartment— and full board (day campers only receive lunch and snacks in the training sessions)
- Basketball Camp T-shirt
- 37-42 hours basketball training per week
- 5 hours language lessons, IT or Basketball lectures per week
- Swimming pool
- Free time activities
- Travel, medical, accident and civil liability insurance

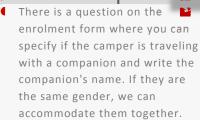
Is the camp in a safe area? Are campers supervised?

- Yes to both questions. The residence is in the suburbs of Vitoria in a very quiet and safe area on the Green Belt of Vitoria. If Basketball Camp participants have residence accommodation, they are highly supervised. Only during their free time or during the time to rest can they be in the common rooms or watching TV without camp counsellors, who remain available in the building.
- Campers must participate in all scheduled on-campus and off-campus activities, for which there are always adult supervisors.
- Campers cannot leave the camp premises alone.

How many players are in the same room?

• Players live in 4-person apartments with 1 twin room, 2 single rooms (one of the single room is a converted living room).

How do I handle roommate requests:



Can parents join the Basketball camp?

- If you want to come with your children and if you are interested in languages, you can have a Spanish Course in the morning and enjoy your holidays in Vitoria. We can suggest different hotels and activities.
- The basketball camp is designed for teenagers and parents are not allowed to participate. However parents can watch Basketball training sessions.





How can I...? What kind of...? Is there a...? Where is...? What is the best time for...?

Is there accommodation available before or after the Camp?

- In Vitoria it is impossible to stay for more days before or after the basketbal camp because there is no staff. The only possibility is to stay in Vitoria but without supervision.
- You can continue learning Spanish in our school in Alicante. In Vitoria, we only have a Basketball Camp. In ZADOR Alicante there are different Sports Camps: Spanish and Basketball camp, Tennis Camp, Windsurfing, Sailing Camp and Golf Camp.
- Zador staff will help you in arranging the trip from Vitoria to Alicante and we can organize your transfers from your accommodation to the airport, bus or train station at any time.

Is there a laundry service provided?

There is a washing machine in each apartment. With the help of camp counsellors, players do laundry on Wednesday and Sunday. Detergent for laundry is provided.

Are the campers placed into groups based on age or ability?

Both. Coaches first divide campers into groups based on age. Then campers
are evaluated by staff as they go through a series of skill-testing drills.

What are the ratios?

- At the training sessions we typically have 10-12 players per coach, plus additional staff on campus, including trainers, directors and assistants.
- In the Spanish lessons, there is a maximum of 10 students per classroom.
- In the English or IT lessons are approximately 20-30 students per classroom and in the Basketball lectures approximately 70 players.

Are all the fees included in the Camp price?

- Yes, except arrival or departure transfer services, lunch on the first day for early arrivals, lunch on the last day for late departures and personal expenses (beverages, ice-creams, etc.).
- All entrance tickets for activities are included in the price.

What is the best time for calling

- Although mobile phones are not forbidden at the camp, they will not be allowed at training sessions, in language classes or basketball lectures, and their use may be regulated. Please also be aware of the possibility that phones may run out of battery, break or be lost.
- Campers have free time at: 8:00 to 9:00, 12:30 to 14:00 and 21:30 to 23:00. Please arrange suitable calling times with your son/daughter.
- Parents, please note: If your son/daughter has a mobile phone, please avoid calling every day to "check if everything is ok. " Among the educational merits of a teenager attending the camp is the experience they gain of being "away from home." Furthermore, if you are based abroad, it is important that you avoid night-time phone calls by taking into account the time difference with Spain. Please also be aware that your children will be extremely busy during their time at the camp.
- All campers will be able to call home on the day they arrive.







BASKETSALL SAMPA VITORIA

CONTACT INFORMATION



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