

BASKETBALL TRAINING































www.basketball-camp-spain.com













vitoria

alicante

alicante









A Basketball Camp where campers can expect to receive completely personalised care and support with a maximum capacity of 60 players and 7 participants per group in 2 Sports Halls.

A development basketball camp

A Basketball Skills Development Camp for 12 to 17-year-old players who already have experience in playing basketball. In Spanish, this Basketball Camp has coaches and assistants from both Laboral Kutxa Baskonia and other clubs in Spain.

INTENSE BASKETBALL TRAINING

Co-ed basketball training with an average of 5.5-6 hours per day. This instructional and basketball development camp includes: training on basketball techniques, tactic drills and competitions (shooting, 1 on 1, 3 on 3, and 5 on 5 games).

ADDITIONAL COURSES

Every day from Monday to Friday after lunch, all players have another course for 1 hour: Spanish or English lessons, Basketball lectures or IT lessons.

RESIDENTIAL ACCOMMODATION

As a residential camp, players live in mini-apartments for 4 people in a two-star Apartment-Hotel and receive three menu-style meals per day plus a snack during the training sessions.

FREE TIME ACTIVITIES

Swimming pool in the morning before lunch, shopping in a shopping centre on Monday, and tour of Vitoria on Friday evening.

ENJOY PLAYING BASKETBALL FROM LSUNRISE TO SUNSET WITH AN INTENSE WORKOUT TO IMPROVE YOUR TECHNIQUE

One of the largest Basketball Skills Development Camps in Spain with a maximum capacity of 220 participants per week playing in groups of 10-12 players in 4 Sports Halls.

SAMPLE TIMETABLE IN VITORIA

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TIME	MONDAY TO FRIDAY	W 1000
8:00 8:30	Wake-up Breakfast	-
o.30 9:00	Departure for basketball courts	
9:30-12:30	Basketball Training	No. of Concession, Name of Street, or other Designation, Name of Stree
12:30	Transportation, swimming pool, free time, shower and prepare for lunch	
14:00	Lunch and free time at Buesa Arena	-
15:30-16:30	Language lesson, IT lesson, or Basketball lecture	-13-
17:30	Basketball Training	THE PARTY NAMED IN
	On Tuesday, Wednesday & Thursday from 19:15 to 20:30 Basketball Camp	
	League	
21:30	Dinner	LABORAL
22:00-23:00 23:00	Free time, videos, movies, games, etc. Return to the Residence	kutxa C
23:30	Lights out	
	MONDAY EVENING:	
	Shopping from 20:00 to 22:00	
	FRIDAY EVENING:	
	Visit to the Vitoria city centre from 20:00 to 22:00	DA I
	SATURDAY (for 2-week camp)	
	Free time and Swimming	
	Lunch & Free time	-
	2nd week Camp Presentation Matches and scrimmages to form the	
	training groups for the week.	No. of Street, or other Persons and Person

* 1 or 2-week camp from the beginning to mid-July

with two options: day camp or residential camp

The Basketball Camp is in Spanish and English, with coaches and assistants from both Spain, Serbia, and the USA.

INTENSE BASKETBALL TRAINING

A Basketball Skills Development Camp for boys and girls including: individual technique training circuits, workshops focused on shooting and developing team work 1 on 1, 3 on 3, and 5 on 5.

An International Development Basketball Camp for 14 to 17

year-old teenagers with 4-5 years of basketball experience.

LANGUAGE COURSES IN SMALL GROUPS

Language immersion courses for teenagers make use of an active, practical and communicative methodology to guarantee that students learn Spanish as fast and effectively as possible.

FIRST-CLASS ACCOMMODATION

As a full-board residential camp, players live in a three-star hotel and receive three buffet-style meals per day plus snacks and bottled water during the training sessions.

WIDE RANGE OF ACTIVITIES

Additional free time activities in the afternoons and evenings: sightseeing, museum visits, tapas tastings, and beach trips. Players staying for both weeks take part in full-day excursions to an amusement park, Valencia or nearby villages at the weekend.

SAMPLE	TIMETABLE IN ALISANTE	
TIME	MONDAY TO FRIDAY	1 200
8:00 8:30 9:00	Wake-up Breakfast	
9:30-13:30	Departure for basketball courts Basketball Training	D.E.
14:00 16:00	Lunch and free time Language lessons	
18:30	Free time activities: Cultural visit, castle, beach, shopping,	
	evening tapas, beach volleyball, water sports, dance lesson, arts	1
	& crafts, karaoke, Fiesta Museum, Volvo Ocean Race Museum, treasure	М
	hunts, etc. * Activities change every week.	13
21:00	Return to the accommodation	K
21:30 22:00-23:30	Dinner Free time activities at the hotel (mini-	
23:30	golf, swimming pool) or at the beach Lights out	
	FRIDAY	
	Farewell party SATURDAY AND SUNDAY	
	(for 2-week camp)	4
	Full-day excursion to Valencia to visit the City of Arts and Sciences, Terra	
	Mítica or Terra Natura Amusement Parks, Aqualandia, Elche, Altea,	

* 1 or 2-week camp in the second half of July with two options: day camp or residential camp

Villajoyosa, Tabarca Island, etc.